

SEMINOLE COUNTY HEALTH DEPARTMENT

## HEALTHY START

YOU ARE INVITED TO ATTEND OUR  
CHILDBIRTH (LAMAZE) CLASSES

2009

JANUARY 5,12,20,26

FEBRUARY 2,9,17,23

MARCH 2,9,16,23

APRIL 6,13,20,27

MAY 4,11,18,26

JUNE 1,8,15,22

JULY 6,13,20,27

AUGUST 10,17,24,31

SEPTEMBER 8,14,21,28

OCTOBER 5,13,19,26

NOVEMBER 2,9,16,23

DECEMBER 7,14,21,28



TIME: 6:00 TO 8:30PM

**MUST PRE-PAY TO REGISTER AT**

PLACE: SEMINOLE COUNTY HEALTH DEPT.  
400 W AIRPORT BLVD ROOM 400  
SANFORD, FL. 32773

**No walk-ins and space is limited**

FEE: \$20.00 FOR SCHD OR HEALTHY START CLIENTS

\$40.00 FOR ALL OTHERS

\*FEE IS PER COUPLE-FOR 4 CLASSES\*

**NO REFUNDS**

